



President's Message

by Jennifer Steines, WLN President

2010-2011 Board of Directors

President
Jennifer Steines
U.S. Bank
jennifer.steines@
usbank.com

President Elect
Marcie Rowan
NICC
rowanm@nicc.edu

Past President
Jenny Daughetee
Honkamp Krueger
jdaughetee@honkamp.com

Secretary
Carrie Cannon
Sedona Staffing
Services
carrie@careerpros.com

Treasurer
Crissy Thoms
Thoms and Company
cthomscca@gmail.com

Communications
Nicole Gantz
Honkamp Krueger
ngantz@honkamp.com

Membership
Mary Ann Conzett
John Deere
conzettmarya@
johndeere.com

Programming
Brittney Jacobs
Steinhart
steinhart1@yousq.net

Special Events
Lynne Hager
American Trust
lhager@americantrust.com

Member at Large
Barb Myers
Mercy Health Center
myersbl@mercyhealth.com



Jennifer Steines

Holiday greetings to all of you! I hope that this message finds you enjoying your holiday preparations and not becoming overwhelmed by them. I have been busy preparing for the holidays but still have quite a bit to accomplish. I have been thinking a lot about how much there is

to do with the holidays and how sometimes things can become very unbalanced for me. I think, why do I do this to myself? The answer for me is tradition.

Tradition is something that I love especially when it involves my family. Although it is a lot of work to decorate my home for the holidays, it is one tradition that I look forward to each year. I love nothing more than to get out my ornaments and place them on my tree. I am filled with memories of who the ornament was from, what special meaning it may have, and seeing my children grow over the years, as many of my ornaments contain photos.

It is a challenge each year to get to all of our family functions and be able to find adequate time to spend with just my husband and children. However, I look forward to the extended family traditions and see family I do not often get a chance to visit. I then realize with all of the miles my family travels around the countryside, I am blessed to have my extended family to share the holidays with, as some are not as fortunate.

Although it takes a lot of my time to prepare my Christmas cards each year, it is a great way to reach out to many people I don't often get a chance to visit. Each year it reminds me of how blessed I am to have so many great family members and friends and brings back many wonderful shared memories with them.

Although many of my holiday memories require much work and time throughout the

month of December, it would not be the same without them. It brings me such joy to share these traditions with my family and friends and most importantly with my children. I have many special traditions that were started in my childhood I am now passing on to my own children. And although my parents are no longer together, it makes me happy to remember the special and happy holidays we once shared together as a family and to be able to pass my family traditions to my children.

My holiday traditions have been important to me through the years and will especially be this year in helping to cope with the recent loss of my mother-in-law. Although life often deals us unwanted change and sometimes loss, the traditions I have shared over the years with those family members and friends I have lost are now a treasure. And each year when I carry out a tradition that involves someone that I have lost, I am flooded with so many happy memories and thoughts of that loved one.

Ladies, when your holidays begin to feel more like chores, and you are thrown off balance this month, remember your own traditions. Think of the meaning and memories behind those traditions and embrace them. Realize the blessings you have in your life with these traditions and not the work involved with them. I wish you all peace and a very safe and happy holiday season!

REGISTER NOW!



January Luncheon

Wellness Panel
Tuesday, January 25, 2011
11:30 a.m. - 1 p.m.
Diamond Jo Casino Banquet Room

Register online at www.dubuquewln.org

December Luncheon



Holiday Fun

It's time again for the WLN holiday luncheon! On the agenda are storytelling, laughter and fun. The event will be facilitated by WLN board members. You do not want to miss this event!

MEETING INFORMATION:

Date: Tuesday, December 21, 2010

Time: 11:30 - noon: Registration,
Networking and Lunch
Noon - 1:00: Program

Where: Diamond Jo Casino
Banquet Room, 2nd Floor
301 Bell St
Dubuque, IA 52001

Parking: Recommended to park in the parking ramp on the 2nd or 3rd level. Go in the door marked "Casino." Walk through the bowling alley

area, past Mojoes and around to the banquet rooms.

Menu: Pasta Carbonara or Petite Beef Tender (you should choose on the online registration form)

Cost: Member price: \$15.00
Non-member price: \$20.00
and late RSVPs

RSVP: Noon, Friday, December 17 .
(There is a \$3 additional fee for registering after this time so be sure to register early!) Use the online registration form at www.dubuquewln.org.



Board Member Spotlight

Jennifer Steines

1. Describe your role on the board. I am president of WLN. There are many roles that come with this position including writing the monthly president's letter for the newsletter, leading the board in developing our monthly agendas and facilitating each board meeting, working with our treasurer to develop our yearly and special event budgets, speaking at monthly luncheons and special events such as our Women of Achievement ceremony and fall conference, and representing WLN in the community.



2. Where do you work and what do you do there? I am a commercial relationship manager for U.S. Bank in the Dubuque and Galena markets. This entails managing business relationships of all size, whether it be with lending, depository, merchant, purchasing or cash management products. I also help business owners with their personal banking needs in partnering with other employees within the bank.

3. Tell us about your family and/or social life. I grew up in Bellevue and have lived in Dubuque since graduating from college. I have been married to my husband Kevin for 10 years, and we have 2 children, Keegan who is 8 and Aubree who is 5. We also have a miniature dachshund named Buddy. We enjoy spending our time with family and friends, going to sporting and music events, and watching sports and movies at home.

4. What is your leadership style? I try my best to get to know the people I am leading in order to understand them. I don't feel you can lead someone unless you know "what makes them tick." I ask for opinions often and take other's feedback into consideration in an effort to empower others. Organization is also an important leadership trait that I strive for but sometimes get behind with.

5. What advice do you have for future leaders? Lead from the heart. When you care about who you are leading and have their best interests at heart, they are aware that you care. This forms a bond that helps create a team and makes people want you to lead them.

"The best of all gifts around any Christmas tree is the presence of a happy family all wrapped up in each other."

- Burton Hillis

Meet a Member

Donna Silker

1. Tell us about your family and social life.

I was born and raised in Montgomery, New York on a vegetable farm. I am just an old-fashioned country gal who grew up with 11 siblings enjoying fishing, playing ball, riding a homemade raft down the Walkill river. In 1993 life's journeys brought my two children and I to Epworth until April of this year when we moved a few miles east of Peosta. In 1994 I was blessed to meet Phil Silker, and in 1996 we were married. We had almost fourteen years together when in March 2009 Phil passed away. Socially, I enjoy playing golf, hiking, reading, cooking and spending time with my grandchildren Fredric and Alizaya along with our two Silky Terriers, Misty Mae and Sparky.



2. Where do you work and what is your position?

I am involved with the Dubuque County Safe Youth Coalition. This is a grass-roots volunteer effort which came together in 2004 to address underage alcohol use in our schools. My husband, Phil Silker, who was Mayor of Epworth at the time, and I spearheaded this effort with the support of many other passionate people, as the effects of alcohol abuse and other illicit drugs touched our family deeply. At the time I was selected as president of the coalition and coordinated an effort to establish a Youth Center for Dubuque County youth that was based in Epworth for five years. Then in 2010 the youth center closed due to a re-alignment of our strategic plan. As the executive director for the past three years, I provide oversight of our Drug Free Communities project with the ultimate goal of creating healthy communities for our youth and families to thrive in.

3. What did you enjoy most about the WLN November luncheon on motivational leadership?

Karen McCaa is a very passionate and motivational speaker. The sharing of her life journeys brought a few "AHA" moments as I was mesmerized by her passion and thankful for the gifts of wisdom she shared with us all.

4. How is being a member of WLN valuable to you?

Connecting with new-found friends opens up windows of opportunity for my life to grow in many different directions.

5. What are the qualities of a great leader?

The willingness to be so open requires the strength to make yourself vulnerable. It also requires a great leader to encourage people to speak truth to power.

Welcome New Members!

Judy Faulhaber

Owner, Big Apple Bagels

Nicole Pfeiffer

VP of Human Resources, Cottingham Butler

Renee Poppe

Senior Director, Medline Industries

Nancy Webster

Ice Harbor Galley

Bette Herrig

Sales Manager, Holiday Inn

Nicole Kaiser

Program Director
Opening Doors/Teresa Shelter

Pam Linden

Realtor, American Realty of Dubuque

Member News

Congratulations to **Jenny Daughetee** and **Katie Lange**. At Honkamp Krueger's annual holiday party, they both received the Arnold N. Honkamp "Firm First" Award for exemplifying the qualities of the firm's co-managing partner and board CEO, Arnie Honkamp.

Tree-mendous!

At the Mercy Festival of Trees the WLN tree was auctioned for \$525 - the largest bid at the festival!



"The only blind person at Christmas-time is he who has not Christmas in his heart."

- Helen Keller

November luncheon recap

Motivational Leadership

On November 23, 2010, WLN welcomed Karen McCaa to talk about motivational leadership. Her main messages were to take care of yourself and look to help and empower others which will lead you to a new level.

Thank you to Karen for her motivating presentation and thank you to the Grand River Center for a fabulous lunch!



*"Perhaps
the best
Yuletide
decoration
is being
wreathed in
smiles."*

- Unknown